

“A Cycle of Ceremony”

January 15th to 27th brings a new awareness of seeing the illusions of power. During these days, the world outside of us plays a game of “tug of war” -- each side digging in, attempting to prove who is the strongest/most powerful, etc. And yet, what is the benefit of this game? Of what benefit is it to indulge in choosing sides on these matters? Does it provide an opportunity for personal growth or fostering global community?

Those in places of power struggle to hold their ground – even through hostile behavior. A stormy time – filled with sudden change and economic shifts. This is merely a time of cleansing – as we see those for what they truly are.

These days are truly best suited for ceremonies; a way to strengthen our self, our Sacred Space and our connection to Creation. Each is finely tuned to a flow of energies through these thirteen days –

Sunday 01.15.2012 Ceremony of community collaboration and oneness. Burn incense or sacred plants such as sage, cedar or copal.

Monday 01.16.2012 Ceremony for the strength and awareness to pass our personal spiritual tests. We see the Beauty of community relies on personal clarity.

Tuesday 01.17.2012 Ceremony to honor water and how integral its purity is to our survival – as individuals and a global community.

Wednesday 01.18.2012 Ceremony honoring wind and the power of the spoken word. What do you breathe and speak “life force” in to?

Thursday 01.19.2012 Create ceremony for clarity and releasing fear. How do we channel our life force and attention? Do we focus on what strengthens us – love – or on that which diminishes our strength – fear?

Friday 01.20.2012 Abundance fills our ceremonies today. Remember what we focus on is what becomes our reality. Thoughts are seeds which we give attention and life force to.

Saturday 01.21.2012 Ceremony to find our inner passion and feed the seeds planted previously. We nurture them by vocalizing and honoring the steps taken to find truth and equilibrium in life.

Sunday 01.22.2012 Ceremony in your personal Sacred Space opens the doors to understanding and a rebirth of personal spiritual beliefs. This again strengthens the life force and diminishes the power we give to fear.

Monday 01.23.2012 Chinese New Year – The Year of the Dragon – Ceremonies of being the Guardian of Mother Earth. Being thankful for life and all abundance – in all forms. Spend time in Nature, grateful for all Elements (air, earth, fire, water) in providing all that we need.

Tuesday 01.24.2012 Ceremonies should reflect putting your intentions into action. All that you have planted, visualized, been grateful for – begins to take hold today. Celebrate the love and strength within your self that is nurtured by Creation.

Wednesday 01.25.2012 Light a ceremonial fire, or candle, and release any emotion or thought that diminishes your love or ability to love. See all in your life and the lives around you filled with the warmth and light of Creation.

Thursday 01.26.2012 Ceremonies today reflect a time of personal peace and balance. Truth coming to light in the world outside of you. This is reflective of the Truth found within.

Friday 01.27.2012 Today completes this thirteen day cycle. A day to celebrate lessons learned, understanding what you wish to give life force to, and the importance of ceremony in your Sacred Space. Honor all four elements along with the fifth – ether – in a personal Ceremony of Celebration.

Remember, our most intrinsic Sacred Space is the one we carry within. It can be accessed anytime, anywhere. It holds us true to our belief system and to Creation. It is the anchor holding us steady to our life path and not blown off course by the tempests of the outside world.

May these days of ceremony provide you Enlightenment and Clarity.

The Divine in me honors the Divine in you... Karen